

Kansas Department on Aging

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>N089043</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING: _____	(X3) DATE SURVEY COMPLETED  <b>R</b> <b>12/02/2014</b>
NAME OF PROVIDER OR SUPPLIER  <b>MIDLAND CARE RESIDENTIAL CENTER</b>		STREET ADDRESS, CITY, STATE, ZIP CODE <b>120 SW FRAZIER CIRCLE</b> <b>TOPEKA, KS 66606</b>		
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{S 000}	INITIAL COMMENTS  The following citations are the result of a Revisit and Correction Order visit #14-95 at the above named Residential Health Care Facility in Topeka, Kansas on 12/01/14 and 12/02/14.	{S 000}		
S3200 SS=E	26-41-205 (d) (1-2) Facility Administration of Medications  (d) Facility administration of resident ' s medications. If a facility is responsible for the administration of a resident ' s medications, the administrator or operator shall ensure that all medications and biologicals are administered to that resident in accordance with a medical care provider ' s written order, professional standards of practice, and each manufacturer ' s recommendations. The administrator or operator shall ensure that all of the following are met: (1) Only licensed nurses and medication aides shall administer and manage medications for which the facility has responsibility. (2) Medication aides shall not administer medication through the parenteral route.  This REQUIREMENT is not met as evidenced by: KAR 26-41-205(d)  The census equalled six Residents with two day care attendees reported, the sample included three Residents. All Residents received medication services. Based on interviews and reviews of records, for two of three sampled (#181 and #185), the Operator failed to ensure all medications and biologicals were administered to	S3200		

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

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S3200	<p>Continued From page 1</p> <p>each resident in accordance with a medical care provider's written order, and in accordance with professional standards of practice</p> <p>Findings included:</p> <ul style="list-style-type: none"> <li>- Review of record revealed #185 admitted to facility 12/01/14 with diagnoses of Depressive disorder, Lumbago, Lack of coordination, Esophageal reflux, History of falls, History of hip fracture, and History of TIA (transischemic attack).</li> </ul> <p>The current functional capacity screen of 11/07/14 assessed #185 in need of physical assistance with medication and treatment management.</p> <p>The current negotiated service agreement and health service plan of 11/07/14 documented facility staff to provide these services.</p> <p>Review and comparison of the current MAR (medication administration record) with written orders revealed the orders not signed by a physician or other authorized medical care provider. This comparison also revealed discrepancies between the available reference list of medications and those administered from the current MAR:</p> <p>Hospital Treatment Summary documented:</p> <ul style="list-style-type: none"> <li>Tylenol Extra Strength Capsule Oral - (no dose or directions specified)</li> <li>Celexa 1 Tab(s) Oral Daily - (no dose specified)</li> <li>omeprazole 1 Tab(s) Oral Daily - (no dose specified)</li> <li>allopurinol 1 Tab(s) Oral Daily - (no dose specified)</li> <li>Seroquel 1 tab(s) Oral Every day before sleep - (no dose specified)</li> <li>ondansetron HCL 1 Tab(s) Oral twice a day - (no</li> </ul>	S3200		

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S3200	<p>Continued From page 2</p> <p>dose specified) Cipro 1 Tab(s) Oral twice a day - (no dose specified) Compazine 1 Tab(s) Oral three times a day - (no dose specified)</p> <p>December 01, 2014 MAR documented: Quetiapine (Seroquel) 50mg (milligrams) take 1 tab po (by mouth) at bedtime Omeprazole 20mg take 1 capsule po BID (twice daily) Citalopram 20mg take 1 tab po daily Bacitracin Ointment apply to nasal biopsy site BID Cephalexin 500mg capsule take 1 capsule po q (every) 6 hours Alluprinol 100mg tab take 1 tablet po q day Quetiapine 50mg take 1 tab po at onset then repeat in 1-2 if needed (anxiety) Tylenol 325mg 2 tab po q 4 hours PRN (as needed) for pain</p> <p>The treatment summary lacked a signature by the medical care provider, and lacked doses in most instances. The completion of a MAR for administration of medications without this information did not meet professional standards of practice.</p> <p>On 12/02/14 at 12:07pm, Facility Nurse #B confirmed this treatment summary and MAR did not meet profession standards of practice... stated #185 arrived on 12/01/14 at 1:30pm... not sure there was a nurse on duty... the CMA (certified medication aide) on duty at the time filled out the MAR... I looked at the MAR at the end of the day and realized we needed clarification of orders... by that time physician's office closed... we are trying to get those clarifications today...</p>	S3200		

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S3200	<p>Continued From page 3</p> <p>The Operator failed to ensure all medications and biologicals administered to #185 in accordance with written medical care provider orders and in accordance with professional standards of practice.</p> <p>- Review of record revealed #181 admitted to facility 11/28/14 with diagnoses of Anxiety, Chronic obstructive pulmonary disease, and Abnormality of gait.</p> <p>The current functional capacity screen of 10/09/14 assessed #181 in need of physical assistance with medication and treatment management.</p> <p>The current negotiated service agreement and health service plan of 11/28/14 documented facility staff to provide these services.</p> <p>Review and comparison of the current MAR (medication administration record) with written orders revealed one medication not administered in accordance with the order signed by physician and in accordance with professional standards of practice.</p> <p>The 11/28/14 written physician's order documented: "Sucralfate 1 g (gram) tablet take one tablet by mouth four times a day before meals and at bedtime for reflux"</p> <p>The MAR (medication administration record) documented this medication administered at 8:00am, 12:00pm, 6:00pm, and 8:00pm.</p> <p>On 12/01/14 staff reported meal times of 8:00am, 12:00pm, and 5:00pm.</p> <p>On 12/02/14 at 12:00pm Facility Nurse stated our drug reference resource is on computer... he/she</p>	S3200		

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S3200	Continued From page 4  printed the reference for Sucralfate (Carafate) from "Drugs.com." By review, Sucralfate not to be administered with citrate salts or medicines with aluminum, or with thyroid hormones... in addition this medication to be taken on an empty stomach at least one hour before or two hours after eating... do not take within 30 minutes of an antacid... and do not take at the same time as other medications." Facility Nurse #B confirmed the current administration of the Sucralfate was with thyroid medication, with other medications, and with food... not in accordance with professional standard of practice.  The Operator failed to ensure all medications and biologicals administered to #181 in accordance with written medical care provider orders and in accordance with professional standards of practice.	S3200		
{S3298} SS=F	26-41-206 (d) Food Preparation  (d) Food preparation. Food shall be prepared using safe methods that conserve the nutritive value, flavor, and appearance and shall be served at the proper temperature. (1) Food used by facility staff to serve to the residents, including donated food, shall meet all applicable federal, state, and local laws and regulations. (2) Food in cans that have significant defects, including swelling, leakage, punctures, holes, fractures, pitted rust, or denting severe enough to prevent normal stacking or opening with a manual, wheel-type can opener, shall not be used. (3) Food provided by a resident 's family or friends for individual residents shall not be required to meet federal, state, and local laws	{S3298}		

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{S3298}	<p>Continued From page 5 and regulations.</p> <p>This REQUIREMENT is not met as evidenced by: KAR 26-41-206(d)</p> <p>The census equalled six Residents with two day care attendees reported, the sample included three Residents. All Residents received meal services. Based on observation, interviews and reviews of records, for three of three sampled (#181, #183, and #185) and all non-sampled, the Operator failed to ensure foods served at the proper temperature, with hot foods at 160 degrees Fahrenheit (F) and cold foods at 45 degrees F.</p> <p>Findings included:</p> <ul style="list-style-type: none"> <li>- On 12/01/14 at 5:05pm, direct care turned on the warming tray sitting on the East counter of the dining room, and placed a gallon container of milk on the counter next to the food warming tray. The posted menu documented: Chicken Cordon Blue, Rice Pilaf, Poppy Seed Spinach Salad with Strawberries and Almonds, Chocolate Chip Brownies, Milk/Beverage.</li> </ul> <p>At 5:15pm direct care staff moved warm food containers from an upstairs transport cart to the warming tray on the East counter. A bowl of cottage cheese and strawberries was placed on the counter next to the gallon of milk. Direct care staff located a thermometer and began serving plates of food to the Residents at 5:20pm as they obtained temperatures. Chicken Cordon Blue - 118 degrees F. Pasta with cream sauce - 120 degrees F.</p>	{S3298}		

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{S3298}	Continued From page 6  Cottage Cheese - 40 degrees F. Milk - not temped Cookie - no temp Direct care staff continued to fill and serve plates to all Residents present.  Review of temperature logs in the dining room notebook revealed: 12/01/14 - No breakfast or lunch temperatures 11/30/14 - No breakfast temperatures 11/29/14 - Lunch - Watergate salad 46 degrees F, Supper - cucumber and tomato salad 50 degrees, fresh fruit cup 50 degrees 11/28/14 - Breakfast - no temperature for fruit cup, breakfast egg/sausage/cheese burrito 120 degrees; Lunch - honey dew melon 48 degrees; Supper - no temperature for shrimp, french fries, beets 11/27/14 - Breakfast contained the number "126" on the line designated for "meat" although the menu stated hard boiled eggs, bacon; no temperatures for Lunch or Supper 11/26/14 - Lunch - bacon 90 degrees (bacon lettuce tomato sandwich); Supper - "pasta" 130 degrees 11/25/14 - Breakfast - bacon 70 degrees, waffles 120 degrees 11/24/14 - No breakfast temperatures (cheesy eggs and raisin toast on menu); Supper - "fruit" 50 degrees 11/23/14 - No breakfast temperatures (menu stated Oatmeal, temperature log stated cold breakfast, donuts; Supper - macaroni salad 44 degrees F, and pudding at 46 degrees 11/22/14 - Supper - pasta sauce 120 degrees 11/21/14 - Lunch - chicken salad 46 degrees; Supper - coleslaw 58 degrees 11/20/14 - Breakfast - sausage patty 122 degrees; pancake 130 degrees; Supper - french fries 120; salad 42	{S3298}		

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{S3298}	<p>Continued From page 7</p> <p>11/19/14 - No temperatures all day with exception of "140" written at "miscellaneous" for breakfast 11/18/14 - No breakfast or lunch temperatures 11/17/14 - No temperatures 11/16/14 - No temperatures</p> <p>By interview on 12/01/14 at 5:25pm, direct care staff #J stated food temps is something I understand we just started recently doing.</p> <p>By interview on 12/02/14 at 9:25am, licensed nurse #L stated we place food on warming tray as soon as possible... place cold foods on the counter... if someone not at the table, make a plate and send it upstairs until they are here, call kitchen reheat and to send back down... meats should be 120 or 140 one of the two... if any questions call up stairs (to Dietary).</p> <p>By interview on 12/01/14 at 9:38am, direct care staff #M stated inservice instructions include place hot foods on warmer right away... use a thermometer to get to right temperature... he/she finds note at bottom of log that documented cold foods 40 degrees and hot foods 135 degrees... if food not the right temperature call the kitchen and they would take care of it...</p> <p>On 12/01/14 at 5:47pm, Operator #C and Facility RN (registered nurse) #B stated procedure directions were given to staff during an inservice on 10/15/14 and in an email since then...</p> <p>Operator #C provided an 11/24/14 email from Operator #C to all staff: ...please turn on warming tray 15 minutes prior to meal time... notebook on counter to record... menu item to be consistent with what's served... put foods immediately on warming tray... make sure all items labeled... Facility RN provided inservice note of 10/15/14 -</p>	{S3298}			



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{S3298}	<p>Continued From page 8</p> <p>...cooks will be temping the food downstairs prior to every meal... make sure admission orders for diets called to Dietary team... menu should be followed and if not it needs to be noted and Operator notified...</p> <p>By review, facility policy and procedure for Food Temperatures provided at 6:10pm on 12/01/14 documented:</p> <ol style="list-style-type: none"> <li>1. ...will be taken during meal preparation and meal service... when found in the danger zone, the food item will not be served until proper temperatures are met...</li> <li>2. Potentially hazardous foods... at least 135 degrees except for poultry, poultry stuffing, stuffed meats, and stuffing with meat... at least 165 degrees F...</li> <li>3. ...metal thermometer... accurate to +2 degrees...</li> <li>4. ...temperature danger zone is 41 degrees F to 135 degrees F.</li> </ol> <p>The training and instruction materials provided by Operator #C and Facility Nurse #B lacked specific directions for the process of obtaining and recording temperatures of potentially hazardous foods, and lacked instruction to staff on what to do if temperatures outside the acceptable temperature ranges. The available temperature logs failed to demonstrate consistent meal temperature checks at all meals, and failed to indicate what steps taken when temperatures outside the required range.</p> <p>The Operator failed to ensure foods served to all Residents at the proper temperatures.</p>	{S3298}		